

PLEASED TO MEET YOU



DAVID SCHILLER

Ottawa and Cornwall have a new personal giving associate, **David Schiller**. David came to CNIB last October after a career in the estates and trust industry, where a desire to help has always been a trademark of that culture. "This same mindset is one of the major reasons I love working with CNIB," says David. "That and the team spirit that encourages us to inspire each other to excellence, both within our own jobs and with neighboring colleagues. I have always enjoyed helping people and this position offers me the opportunity to assist donors with their philanthropic desires, to help

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PROFILE OF A WINNER

Optimism and determination are apparent in Kevin Frost's voice as he describes the challenges he has faced and overcome in his young life. After losing 90 per cent of his hearing as a child, Frost learned to adjust. He got on with life, married and had three children. Then, at age 34, he learned the same rare disease that took his hearing was also debilitating his eyesight. While the news was certainly a blow, Frost didn't take it lying down. Instead, he decided to make an example of himself to all those with vision and hearing disabilities by becoming a speedskater!

"The initial reaction is, how do you do it? Well, I just say the same thing. When I lost my vision, and I was deafblind, I said I want to do the best I can. I want my kids to grow up knowing that I did something. I didn't just sit around."

Today Frost accomplishes more with his 5 per cent vision and 10 per cent hearing than many of us would



imagine possible.

He works out, he spends time with his family, he spends hours training for competitions.

He says his main goals today are to serve as an

example that anything is possible, and to open the Paralympics to the sport of deafblind speedskating.

He also wants to change perceptions.

"With the dual disability it's been a tough adjustment," he says, "but you should never judge a person's character by the outside."

Frost has strength of character to spare. He says losing his eyesight and his hearing may have closed some doors, but it opened new ones at the same time.

"My relationship with the world around me has enhanced to a level that I didn't expect. Everywhere I go, people are rooting for me all the way. I'm always happy, I'm always positive."

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KEVIN FROST:

A TRUE CHAMPION

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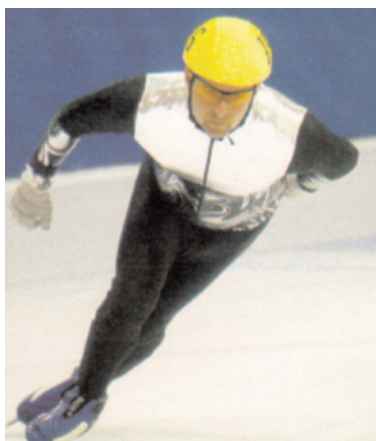
Frost says without the services provided by CNIB he would not be where he is today.

"When I found out I was legally blind I went to CNIB right away and that was the smartest thing I ever did," he says.

And he has words of advice to those who may be just now discovering they have an issue with their vision. In his case, he says his guide dog, Nemo, was instrumental in his transition.

"Of course it's going to be a change, but we all have to remember that there are people out there who are worse off than we are. The greatest way to get over it is by talking with people in your shoes."

The speedskater sums up his philosophy



of life by suggesting people should focus on family and friends and personal goals, things that truly matter, rather than the little things.

Frost says one of his personal goals is to get speedskating added to the Paralympics. And if not the Paralympics, then why not the Olympics in 2010?

"Life is very short and I want to live life to the fullest," he says.

We'd say he's doing a pretty good job.

Visit Kevin on his website: www.deaf-blindspeedskater.com

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New personal giving associate ...

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them make a difference in the lives of others." Prior to joining CNIB, David volunteered at the Centertown Emergency Food Center and Harvest House Ministries in Ottawa. "The longer I am involved in the non-profit sector, the more I find how giving

people are, how much they want to help" notes David. "And not just with their dollars. In the Ottawa and Cornwall area, close to 1,000 volunteers give of their time and talents to help with special events, support our staff, and assist clients so

Friends for Life

Our population is aging and the number of Canadians experiencing vision loss is expected to rise dramatically in the coming years due to link between aging and eye disease. Already, half of CNIB's clients have Age-related Macular Degeneration which causes a loss of central vision, leaving only side vision intact.

Leave a Legacy of hope today to ensure those in need will receive help when required. Your long term financial support through a will bequest, a gift of life insurance or an annuity to CNIB will help us to sustain our vital programs and services. Help ensure that should vision loss happen to you or someone close to you, CNIB will be there to help.

they can continue to lead independent and full lives. They are a priceless resource."

David can be reached at the contacts below.

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